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"Travel Every New Destination
to Explore Food"

Sticks & Spoons Food Travel



www.sticksandspoons.com



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WHO WE ARE

Jane aka Sticks

Always service right out in her fingertips!
Waitress and great bouncer of ideas.

Fredrik aka Spoons

The Chef with an overflowing creativity!
Entrepreneur and Food Travel Writer.

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WHAT WE LOVE

Food Travels is our fire to inspire.
Discovering a new destination through
food is always our number one choice.
This is what we love to do on our site.

Restaurant Reviews

Writing honest restaurant reviews
online from street food to michelin stars

Street Art Guides

Our love for the art of the streets is well
documented on our site

Our One-Stop Travel Shop

We have discovered some great travel
resources and is sharing them online

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Family Travel Itineraries

Quiet a new experience but something we really look forward to create

Digital Blog Strategy

Yes, we are somewhat addicted to seo, digital strategy and marketing too

Entrepreneurship

With experience from running online stores and sites we know how to get your products and brand visible

BRAND & YOU

Our "Digital Blog Strategy" is a multiple visibility marketing strategy that can be adapted to help your Brand or Business.



FOOD TRAVEL

Sticks & Spoons

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Creativity

In our professions and on our sites
creativity is key. Improvement of
our work is always present.

A process of progress.



Lets start a blog

2017

We started Sticks & Spoons Food Travel to document our Travels together



Lets start another project

2018

We created Food and Travel Guides to gather talented bloggers stories - in one place



Lets welcome Baby Ellinor

2019

Our daughter Ellinor joined our Team



Lets (re) launch some new sites

2020

Re-launching our earlier sites and adding a new one to the Portfolio: Restaurangbransch.se

This is the Sticks and Spoons story so far...

We're constantly evolving ourselves to become better, trying harder to add our unique content on our websites.

That made us take our creative ideas one step further...



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PANDEMIC

2020-2022

We got married and created a wonderful baby boy called Elliot

DREAMS OF EXPAT LIFE

Our dream is to move to Buriram in Thailand and open a Restaurant and small Hotel Business...to be continued...

SUSTAINABILITY

We want to start a New Project aiming toward an awareness of Global Travel Sustainability

NEXT STEP?

Our Future Roadmap

Our plan is to continue our journey with Food Travel towards a brighter future. We follow the path but if there's a less beaten one we are not afraid to take it. Life is Now.



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WORK TOGETHER WITH US

Creating Creative Content

Designed for your Brand

Reviews & Consultancy

Working remotely or locally sourced

SEO & Digital Strategy

We're open for business

Digital Strategy 09 and SEO Service

Are you sick 'n tired of SEO? Don't know what your Digital Strategy really is?

We feel you.

That's why you should walk a new path.



Digital Blog Strategy (DBS)

Our unique strategy will make your site visible on Google, rank higher in the SERP, and reach a new audience without paying for Ads or expensive marketing beyond your control.

Digital Blog Strategy Explained

Working with us is always an "All Inclusive Deal". You can rely on that we'll bring real value and return of your hard invested money.

What we can do for you:

- Complete Analysis of your Overall Online Presence
- Comprehensive Report including SEO issues and suggested actions using our DBS Tools

Cost for the above? Absolutely nothing. We will, from the Result of your Report, make you an offer to solve issues and make actions needed - no strings attached. Your decision, your money.

However, we dare you to take the results to any SEO guru, ask for an offer and compare. This will make your decision easy.

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We are here for you

Send us a mail. We will get back to you
within 48 hours.



Are Sticks & Spoons for you?

We would love to work with businesses connected to Food Travel: Restaurants, Hotels, Resorts and SPA's, Tour Guides, Tourist Agencies and Travel Brands.

Ps/ Don't worry if your site don't have a "blog". Our Digital Blog Strategy works perfectly for sites without one too!/ Ds

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CONNECTING
WITH US



info@sticksandspoons.com

www.sticksandspoons.com

